## Club de Natation Bleu et Or (CNBO)

Athlete Declaration - CNBO Code of Conduct
The true essence of sport is to strive for personal achievement and excellence through total and honest effort.
I pledge to play my sport with integrity and to strive to
participate only through legitimate means and with respect. I pledge to learn, understand and abide by both the written rules of my sport and the guidelines of the CNBO Positive Culture Program.
I believe that a positive culture is important to my growth within CNBO. I accept my responsibility as outlined in the Code of Conduct and pledge to do my part to create, promote and maintain a positive culture.
I refrain from inappropriate behavior and refuse to use tactics to gain an unfair advantage. I understand that officials, coaches, teammates and opponents are all integral parts of the sport and deserve my respect.
It is my responsibility to maintain control of myself. I will give my best effort without aggression or hostility and will conduct myself graciously in triumph or defeat.
I understand and agree that failure to comply with the code of conduct may result in disciplinary action in accordance with CNBO policies, including loss of privileges to participate in CNBO activities.
Athlete's Signature Date
or parent/guardian if athlete is a minor
Parent/Guardian Declaration - CNBO Code of Conduct
As a parent of an athlete, I,, believe that a positive culture is important to my child's development within CNBO. I accept my responsibility as outlined in the Code of Conduct and pledge to do my part to create, promote and maintain a positive culture.
Parent/Guardian Signature Date
Parent/Guardian Signature Date