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**Individual Meet Results - Standard: SNB19-20**
**Invitational Long Course One 2020 10-Jan-20 to 11-Jan-20 LC Meters****Location: Dalplex Pool**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>		<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Frederic Caissie (14) M</b>						
2:30.95L	AA F # 2	Men 200 IM	CNBO	7	---	-3.96
2:54.23L	AA F # 6	Men 200 Breast	CNBO	4	---	-0.10
1:12.58L	AA F # 12	Men 100 Back	CNBO	8	---	-6.14
2:19.23L	AA F # 18	Men 200 Free	CNBO	12	---	-1.54
1:23.07L	AA F # 24	Men 100 Breast	CNBO	6	---	0.93
28.64L	AA F # 28	Men 50 Free	CNBO	8	---	-1.67
9:45.99L	AA F # 30	Men 800 Free	CNBO	2	---	-49.03
<b>Yannick Dupuis (16) M</b>						
56.35L	NexG F # 4	Men 100 Free	CNBO	2	---	-0.35
1:05.30L	AA F # 12	Men 100 Back	CNBO	1	---	1.56
27.88L	NexG F # 14	Men 50 Fly	CNBO	4	---	-0.08
29.95L	NexG F # 20	Men 50 Back	CNBO	2	---	0.24
25.82L	NexG F # 28	Men 50 Free	CNBO	2	---	-0.06
<b>Marie-Christine Tremblay (15) W</b>						
1:01.38L	NexG F # 3	Women 100 Free	CNBO	2	---	-0.89
1:08.23L	NexG F # 7	Women 100 Fly	CNBO	2	---	1.39
29.93L	NexG F # 13	Women 50 Fly	CNBO	2	---	0.51
2:17.22L	AA F # 17	Women 200 Free	CNBO	3	---	3.39
28.68L	NexG F # 27	Women 50 Free	CNBO	2	---	0.58
10:15.77L	AA F # 29	Women 800 Free	CNBO	5	---	3.58